

OVERALL RESULTS

2007 Lums Pond Duathlon

Lums Pond State Park 08/19/2007 7:45 am Sunny

Directed by: Neil Semmel

Place	No.	C	NAME	Ag	S	Rank	SWIM	T1	Rank	BI KE	Rate	T2	Rank	RUN	Pace	PENAL	TIME
1.	349		NAT GLACKIN	25	M	2	9:35	0:48	2	48:16	24.2	0:41	2	14:47	4:46		1:14:05
2.	351		MICHAEL HAMBERGER	28	M	4	9:59	0:36	5	49:04	23.8	0:37	5	15:57	5:09		1:16:11
3.	368		MARK FACCIANI	39	M	15	11:14	0:55	1	46:46	25.0	0:37	9	16:50	5:26		1:16:21
4.	367		DAVE Dixon	41	M	6	10:31	0:40	4	48:49	24.0	0:28	7	16:37	5:22		1:17:03
5.	345		B RAD DODSON	23	M	1	9:34	0:54	19	51:53	22.6	0:55	1	14:40	4:44		1:17:54
6.	425		GEORGE KOTOKIS	40	M	10	10:51	0:57	3	48:47	24.0	0:53	10	17:00	5:29		1:18:27
7.	346		MATTHEW O'BRIAN	22	M	3	9:37	0:59	28	53:43	21.8	0:53	3	14:48	4:47		1:19:58
8.	354		BRIAN HARRIS	31	M	5	10:00	0:50	26	53:34	21.8	0:36	4	15:23	4:58		1:20:21
9.	385		DAVID RATTIGAN	51	M	16	11:15	0:39	9	50:32	23.2	0:28	13	17:37	5:41		1:20:28
10.	415		CULLEN COWLEY	38	M	11	11:01	0:54	15	51:18	22.8	0:51	6	16:33	5:21		1:20:36
11.	424		SCOTT ALBRIGHT	42	M	9	10:46	0:52	16	51:24	22.8	0:43	11	17:04	5:31		1:20:47
12.	450		BRIAN HAND	39	M	12	11:10	0:47	13	51:01	22.9	0:52	12	17:16	5:35		1:21:03
13.	391		JEFFREY TIMM	55	M	27	11:56	0:39	7	50:25	23.2	0:35	24	19:02	6:09		1:22:35
14.	359		DAVID ANSHEN	39	M	28	11:57	0:50	6	50:10	23.3	0:49	21	18:53	6:06		1:22:36
15.	356		BRIAN MCGEE	32	M	24	11:42	0:58	8	50:28	23.2	1:01	23	18:56	6:07		1:23:02
16.	380		TONY SELLARO	45	M	25	11:48	0:40	18	51:47	22.6	0:40	22	18:54	6:06		1:23:47
17.	343		BRETT MORRIS	17	M	7	10:35	0:56	38	55:10	21.2	0:54	8	16:40	5:23		1:24:13
18.	414		BRIAN DOVE	24	M	20	11:20	1:24	10	50:33	23.1	1:07	35	20:00	6:27		1:24:22
19.	412		JOSEPH BLITHE	42	M	22	11:32	0:46	11	50:51	23.0	0:37	54	20:49	6:43		1:24:34
20.	361		MATTHEW CUTRONA	37	M	29	11:58	0:47	22	52:55	22.1	0:45	18	18:30	5:58		1:24:53
21.	350		ERIC GOLDSCHMIDT	27	M	21	11:21	1:06	24	53:20	21.9	1:02	16	18:06	5:51		1:24:53
22.	388		ASHLEY HALSEY	55	M	26	11:52	0:58	23	52:59	22.1	1:09	19	18:49	6:04		1:25:44
23.	373		ERIC VICARI	43	M	8	10:39	1:01	31	54:27	21.5	0:53	29	19:25	6:16		1:26:23
24.	360		MAX CAMMARATA	38	M	34	12:13	0:48	21	52:49	22.2	0:49	34	19:57	6:26		1:26:34
25.	409	C	KEVIN MONTAGUE	41	M	36	12:16	0:41	20	52:42	22.2	0:38	42	20:22	6:35		1:26:37
26.	330		AMY LEWIS	37	F	49	12:54	1:10	12	50:53	23.0	1:00	50	20:44	6:42		1:26:39
27.	337		PEG FONTELLO	45	F	48	12:54	1:03	17	51:31	22.7	0:53	52	20:47	6:43		1:27:06
28.	370		PAUL JOHNSON	42	M	46	12:51	0:57	14	51:14	22.8	0:44	60	21:36	6:59		1:27:21
29.	338		CHERYL KING-MARINO	47	F	47	12:53	0:51	25	53:33	21.8	0:44	37	20:09	6:30		1:28:08
30.	411		CHIP WAITE	42	M	23	11:42	1:00	29	54:02	21.7	0:58	44	20:33	6:38		1:28:13
31.	341		JOANNE JACK	50	F	35	12:15	0:43	37	54:59	21.3	0:38	32	19:51	6:24		1:28:23
32.	390		DOUGLAS REPETTI	57	M	39	12:24	0:38	33	54:51	21.3	0:35	36	20:04	6:29		1:28:31
33.	375		ED EPPLER	48	M	18	11:17	1:09	43	56:18	20.8	1:18	20	18:51	6:05		1:28:51
34.	134		ROBERT MOFFETT	34	M	30	12:03	0:55	35	54:56	21.3	0:50	39	20:13	6:32		1:28:56
35.	374		FREDERICK ANDERSON	45	M	38	12:23	1:00	30	54:16	21.6	0:46	48	20:42	6:41		1:29:06
36.	381		NICK WALLER	48	M	13	11:12	1:44	50	57:14	20.4	1:25	14	17:49	5:45		1:29:23
37.	322		ELIZABETH ROARK	29	F	42	12:40	1:03	36	54:58	21.3	0:41	46	20:40	6:40		1:30:00
38.	428		GREG SCHULER	47	M	19	11:18	1:02	57	59:23	19.7	0:57	15	17:53	5:46		1:30:31
39.	405		ANDREW BUTSICK	17	M	14	11:12	0:55	56	58:42	19.9	1:40	17	18:07	5:51		1:30:35
40.	392		DANIEL SIMMONS	60	M	41	12:27	0:44	51	57:26	20.4	0:45	30	19:25	6:16		1:30:45
41.	444		JEFFREY BAYS	36	M	37	12:22	1:08	49	57:06	20.5	0:58	28	19:21	6:15		1:30:52
42.	383		GARY JASTRZAB	53	M	44	12:42	1:03	41	56:10	20.8	1:14	33	19:55	6:26		1:31:02
43.	348		GLENN DOWNES	27	M	32	12:11	1:09	47	57:02	20.5	1:26	27	19:16	6:13		1:31:04
44.	423		MICHAEL BROCIOS	43	M	43	12:41	1:13	39	56:02	20.9	1:20	43	20:31	6:38		1:31:46
45.	364	C	MICHAEL LEIDESDORFF	36	M	53	13:11	1:05	32	54:32	21.5	0:57	65	22:18	7:12		1:32:02
46.	389		DANIEL LERICHE	58	M	64	13:48	1:00	27	53:41	21.8	0:52	69	23:15	7:30		1:32:35
47.	413		KENT LYNN	44	M	50	13:01	1:19	45	56:53	20.6	0:53	53	20:47	6:43		1:32:51
48.	372		EDWARD PARSLEY	40	M	55	13:14	1:35	42	56:14	20.8	1:21	45	20:38	6:40		1:33:00
49.	150	C	DOUGLAS COOKE	37	M	31	12:09	1:12	53	58:06	20.1	1:20	41	20:21	6:34		1:33:06
50.	362		JUSTIN GRAY	39	M	57	13:24	1:30	44	56:21	20.8	1:07	59	21:31	6:57		1:33:51
51.	378	C	ROBERT MANNING	46	M	63	13:46	1:32	34	54:52	21.3	1:10	67	22:37	7:18		1:33:54
52.	344		ANTHONY DELLE DONNE	21	M	17	11:16	1:39	59	1:00:00	19.5	1:58	25	19:11	6:12		1:34:01
53.	358		TODD ALBRIGHT	38	M	60	13:36	2:14	40	56:09	20.8	2:42	57	21:12	6:51		1:35:50
54.	355	C	JEFF LAUER	30	M	56	13:23	1:12	54	58:10	20.1	1:10	64	22:16	7:11		1:36:10
55.	323		AMY SANDERL	27	F	61	13:40	1:03	64	1:00:59	19.2	0:51	49	20:43	6:41		1:37:13
56.	320		KRISTY GREEN	27	F	62	13:40	1:07	62	1:00:51	19.2	0:56	47	20:41	6:41		1:37:14
57.	446		ED CAMELLI	50	M	58	13:25	1:26	63	1:00:56	19.2	1:21	38	20:10	6:31		1:37:15
58.	324		STEPHANIE SWIGART	26	F	65	13:55	1:26	55	58:17	20.1	1:07	68	23:04	7:27		1:37:48
59.	382		RICK GITTELMAN	52	M	51	13:09	0:49	71	1:02:18	18.8	0:57	51	20:47	6:43		1:37:58
60.	340		DENISE DIPANGRAZIO	50	F	33	12:12	1:04	77	1:04:33	18.1	0:49	31	19:29	6:17		1:38:05
61.	377		DAVID KOZMA	48	M	74	15:11	1:32	48	57:05	20.5	1:22	70	23:22	7:33		1:38:31
62.	434	C	KEVIN JOUBERT	35	M	80	15:46	1:21	46	56:55	20.6	1:23	73	24:15	7:50		1:39:38
63.	402		RONDA JANNEY	40	F	45	12:50	0:52	78	1:05:05	18.0	0:52	40	20:16	6:33		1:39:54
64.	384		ALAN LAZZARINO	50	M	66	14:01	1:16	72	1:02:26	18.7	1:01	56	21:12	6:51		1:39:54
65.	386		GARY STEINEL	54	M	70	14:40	1:43	52	57:43	20.3	1:33	77	24:50	8:01		1:40:28
66.	326		ELLEN MARCUS	33	F	68	14:14	1:58	65	1:01:17	19.1	1:56	58	21:23	6:54		1:40:46
67.	318		JUSTINE COOK	23	F	54	13:12	1:32	74	1:04:10	18.2	1:55	55	20:58	6:46		1:41:45
68.	393		PHILIP HAGER	70	M	79	15:42	1:25	70	1:01:46	18.9	1:30	61	21:37	6:59		1:41:58

69. 403 THOMAS NEUGEBAUER 55 M 76 15:26 1:18 58 59:47 19.6 1:56 72 24:00 7:45 1:42:24
 70. 430 JENNI FER GENUARDI 29 F 40 12:25 1:30 85 1:09:02 16.9 0:57 26 19:12 6:12 1:43:03

Aug-19-2007 12:18:49pm

OVERALL RESULTS

2007 Lums Pond Duathlon
 Lums Pond State Park 08/19/2007 7:45 am Sunny
 Directed by: Neil Semmel

Place	No.	C	NAME	Ag	S	Rank	SWIM	T1	Rank	BIKE	Rate	T2	Rank	RUN	Pace	PENAL	TIME
71.	336		SIGI KOKO	41	F	73	15:10	0:54	66	1:01:29	19.0	0:40	78	25:07	8:06		1:43:18
72.	376		ROBERT GALLEN	46	M	78	15:37	1:14	67	1:01:34	19.0	1:00	76	24:44	7:59		1:44:07
73.	319		ANDREA GRIFFITH	24	F	67	14:01	0:57	79	1:06:33	17.6	0:43	66	22:29	7:16		1:44:41
74.	332		STACEY DIETRICH	42	F	81	15:47	1:18	60	1:00:35	19.3	1:08	86	26:20	8:30		1:45:07
75.	331	A	KAREN BARLOW	43	F	83	15:49	1:25	68	1:01:41	19.0	1:16	80	25:29	8:13		1:45:38
76.	325		BETH KLINE-PEDERSEN	32	F	82	15:48	1:28	69	1:01:45	19.0	1:10	84	25:54	8:22		1:46:04
77.	369	C	MICHAEL HALLMAN	41	M	59	13:31	1:55	83	1:08:08	17.2	1:11	63	21:54	7:04		1:46:37
78.	387		FRANK VARI SCO	50	M	77	15:30	2:06	75	1:04:15	18.2	2:07	71	23:26	7:34		1:47:22
79.	363		CHARLES KENDZERSKI	38	M	88	16:56	1:12	61	1:00:44	19.3	1:36	89	27:17	8:49		1:47:43
80.	334		DAWN HILL	42	F	75	15:15	1:39	73	1:03:11	18.5	1:31	87	26:21	8:30		1:47:53
81.	371		EDWARD PALEVICH	42	M	52	13:09	1:18	88	1:12:24	16.2	1:21	62	21:46	7:02		1:49:56
82.	404		ANDREW GREEN	37	M	87	16:37	1:29	76	1:04:32	18.1	1:47	82	25:44	8:18		1:50:06
83.	321		BETSY MCCONNELL	26	F	71	14:41	2:08	82	1:07:28	17.3	1:56	74	24:21	7:52		1:50:33
84.	339		ALY APPEL	53	F	84	15:59	1:04	80	1:06:41	17.5	1:17	85	26:10	8:27		1:51:08
85.	366		DANIEL WHITE 3RD	39	M	72	14:42	2:10	81	1:07:16	17.4	1:51	79	25:14	8:09		1:51:12
86.	410		ELIZABETH TITUS	38	F	86	16:36	1:10	84	1:08:53	17.0	1:35	75	24:23	7:52		1:52:35
87.	437		CRAIG WASSERKRUG	47	M	69	14:35	1:27	87	1:12:17	16.2	1:02	81	25:29	8:13		1:54:48
88.	335		DENISE HILLMAN	41	F	91	18:51	0:57	86	1:11:58	16.3	1:06	90	29:34	9:33		2:02:25
89.	333		SHYRE HAAS-LACZKO	44	F	90	18:05	2:41	89	1:14:35	15.7	2:09	92	30:20	9:47		2:07:48
90.	353		MAHENDRA DAMARLA	31	M	85	16:21	1:14	92	1:22:15	14.2	1:29	88	26:56	8:42		2:08:13
91.	394		JOHN SCHULTZ	75	M	89	16:58	1:07	93	1:24:54	13.8	0:50	83	25:47	8:19		2:09:34
92.	342		DANIELE LEONG	67	F	93	20:14	1:06	90	1:18:10	15.0	1:03	91	29:50	9:38		2:10:22
93.	329		MAUREEN DONNELLY	35	F	92	19:36	1:22	91	1:20:40	14.5	1:07	93	35:40	11:31		2:18:23

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93 records processed.